AI physio first-pass movement audit

Fysion denna vecka är vår rörelse-QA: varje övning har fått purpose, must-show, avoid, ankare och appbeslut. Runtime är fortfarande orörd.

Exercise truth | Skeleton standard | Candidate score warning | Review priority | Selective activation later

Audit dataset

Exercises audited	28
Keyframes covered	136
Runtime changed	0
Special-handling groups	6

Tool: `tools/physio_first_pass_lab.html`

Review priorities

- high-priority-fix: 1
- keep: 2
- keep-but-tighten: 1
- keep-with-QA: 3
- keep-with-landing-QA: 1
- keep-with-prop-QA: 1
- keep-with-side-QA: 1
- manual-review: 5
- needs-definition: 1
- needs-leg-phase-QA: 1

needs-new-sequence-or-prop-binding: 2

needs-phase-detail: 1

review-for-youth: 1

special-handling: 4

special-prop-review: 2

static-or-gait-decision: 1

High score is not approval. It only means the candidate matched the old seed skeleton. RC45 tells us which movement truth to enforce before activation.

Doc: `docs/RC45_AI_PHYSIO_FIRST_PASS.md`